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PATIENT INSTRUCTIONS FOR PROSTATIC ULTRASOUND AND BIOPSY

PROCEDURE DATE: _____ **TIME:** _____ **DOCTOR:** _____

ANTIBIOTIC START DATE: _____

DESCRIPTION OF PROSTATIC ULTRASOUND AND BIOPSY:

Ultrasound uses harmless sound waves to give us pictures of the prostate and allows us to accurately guide a biopsy needle to areas of concern. Indications include suspicion of cancer either by suspicious digital rectal exam of the prostate, or by an elevation of the prostate cancer screening blood test (PSA). The procedure is done in the office with or without anesthesia. Initially, a complete digital rectal exam (DRE), or finger exam is done. Next the ultrasound probe, finger-like in size, is placed into the rectum. With slight movement of the probe, many different views are obtained. When areas of suspicion are seen, biopsies will be taken. Six to ten biopsies are usually taken. These biopsies are not usually painful. The entire exam will take 20-30 minutes. You may have some soreness around the rectum for up to an hour. Biopsy results take approximately one week - please be patient. A follow-up appointment will be made in 1-2 weeks to discuss the results of the test.

POSSIBLE RISKS OF PROSTATIC ULTRASOUND AND BIOPSY:

Blood may be noted in the stool and urine for a few days and in the semen for up to one month. Infection of the prostate or urinary tract can occur even with antibiotic preparation. You should call if you develop fever, chills, severe pain or have continuous or significant bleeding.

PREPARATION FOR PROSTATIC ULTRASOUND AND BIOPSY:

1. Nothing to eat or drink after midnight. Please see attached sheet.
2. A Fleets enema is to be administered 2-3 hours before the office visit. This is available at your local pharmacy.
3. Start an antibiotic the day before the office visit (this will be provided). Take as directed.
4. **DO NOT TAKE ASPIRIN OR ASPIRIN PRODUCTS FOR TEN (10) DAYS BEFORE BIOPSY.**